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East Liverpool Area YMCA

We build strong kids,
strong families,
strong communities.

Serving the Tri-State and surrounding communities for over one hundred years.

Olympic Pool Schedule Calcutta YMCA Program Center

Revised: Jan 2006

Schedule is subject to change.

Please Remember: After 6:00 pm, youth under the age of 13 are **not** permitted access to the YMCA unless accompanied by a parent / guardian or registered in a YMCA program.

MONDAY / WEDNESDAY	TUESDAY / THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45-8:00 am Adult Open / Lap	5:45-9:00 am Adult Open / Lap	5:45-8:00 am Adult Open / Lap	6:00-8:00 am Adult Open / Lap	
8:00-9:00 am Aqua Aerobics Adult Open / Lap		8:00-9:00 am Aqua Aerobics Adult Open / Lap	8:00-9:00 am Adult Open / Lap Adult Swim Lessons	
10:00-10:45 Polliwog/Guppy	9:00-10:00 am Aqua Aerobics Adult Lap	9:00-1:00 pm Adult Open / Lap	9:00-10:00 am Minnow / Shark Adult Lap	
9:00-1:00 am Adult Open / Lap	10:00-11:00 pm Adult Open / Lap		10:00-11:00 am Polliwog / Guppy Adult Lap	
10:45-11:30 Minnow/Sjarl	10:00-10:45 Polliwog/Guppy		11:00-11:30 SKIPS	
11:30-12:15 PERS	11:00-1:00 pm Adult Open / Lap	1:00-3:00 pm Adult Open / Lap	11:30-12:00 am PERS Adult Lap	11:00-1:00 pm Adult Open / Lap Family Open
1:00-3:00 pm Adult Open / Lap	11:00-11:30 SKIPS	3:00-5:00 pm Adult Lap (2 lanes)	12:00-4:00 pm Open Swim Adult Lap Pool Rentals	
3:00-5:00 pm Adult Lap (2 lanes)	11:30-12:15 PERS	5:00-8:45 pm Family Swim Adult Lap (2 lanes)	4:00-7:45 pm Family Swim Adult Lap Pool Rentals (TBA)	1:00-4:45 pm Family Swim Adult Lap (2 lanes) Pool Rentals
5:00-5:30 pm PERS Adult Lap (2 Lanes)	5:00-5:30 pm Polliwog / Guppy Adult Lap (2 Lanes)			
6:30 - 7:30 pm Polliwog / Guppy Adult Lap (2 Lanes)	5:45-6:15 pm Minnow / Fish Flying Fish / Shark Adult Lap (2 Lanes)			
6:15-7:15 pm Aqua Aerobics Adult Lap / Open	6:15-7:30 pm Family Open Adult Lap			
7:15-9:00 pm Family Open Adult Lap				
MONDAY / WEDNESDAY	TUESDAY / THURSDAY	FRIDAY	SATURDAY	SUNDAY

Zero-Depth Pool Schedule

Calcutta YMCA Program Center

Revised: Jan 2006

MONDAY / WEDNESDAY	TUESDAY / THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45-8:00 am Active Older Adults	5:45-11:00 am Active Older Adults	5:45-7:00 am Active Older Adults	6:00-8:00 am Active Older Adults	
		7:00-8:00 am Open Swim		
9:15-10:00 am Aqua Yoga (Mon only)		9:15-10:00 am Aqua Yoga	8:00-8:45 am Open Swim	
			8:45-9:00 am Swim Lessons Play Time	
			9:00-11:00 am Active Older Adults	
			9:50-10:00 am Swim Lessons Play Time	
			10:50-11:00 am Swim Lessons Play Time	
11:00-12:00 pm Arthritis Class	11:00-11:30 am SKIPS	11:00-12:00 pm Arthritis Class	11:00-11:30 am SKIPS	
12:00-1:00 pm Active Older Adults	11:30-12:15 pm PERS		11:30-12:00 pm PERS	
	12:00-12:15 pm Swim Lessons Play Time 12:30-1:15 PERS	12:00-1:00 pm Active Older Adults	12:00-12:15 pm Swim Lessons Play Time	11:00-5:00 pm Adult Open Family Open 2:00-5:00 pm Pool Rentals
	12:15-1:00 pm Aquatic Therapy / Rehab		12:00-1:00 pm Active Older Adults	
12:00-2:00 pm Aquatic Therapy / Rehab	12:00-2:00 pm Aquatic Therapy / Rehab (Thursday)	1:00-3:00 pm Aquatic Therapy / Rehab	1:00-4:00 pm Open Swim Pool Rentals	
3:00-5:00 pm Open Swim	3:00-5:00 pm Open Swim	3:00-5:00 pm Open Swim	4:00-7:45 pm Family Swim Pool Rentals TBA	
5:30-5:45 pm Swim Lessons Play Time	5:30-5:45 pm Swim Lessons Play Time	5:00-9:00 pm Family Swim		
5:00-9:00 pm Family Swim	5:00-9:00 pm Family Swim			
MONDAY / WEDNESDAY	TUESDAY / THURSDAY	FRIDAY	SATURDAY	SUNDAY