

Olympic Pool Schedule

Revised: Summer 2006

Calcutta YMCA Program Center

Schedule is subject to change.

Please Remember: After 6:00 pm, youth under the age of 13 are not permitted access to the YMCA unless accompanied by a parent / guardian or registered in a YMCA program.

MONDAY / WEDNESDAY	TUESDAY / THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45-8:00 am Adult Open / Lap	5:45-9:00 am Adult Open / Lap	5:45-8:00 am Adult Open / Lap	6:00-8:00 am Adult Open / Lap	
8:00-9:00 am Aqua Aerobics Adult Open / Lap		8:00-9:00 am Aqua Aerobics Adult Open / Lap	8:00-9:00 am Adult Open / Lap Adult Swim Lessons	
9:00-11:00 am Aquatic Therapy Adult Lap	Aqua Aerobics 9:00-10:00 am Adult Lap	9:00-11:00 am Aquatic Therapy Adult Open / Lap	9:00-10:00 am Minnow / Shark Adult Lap	
10:00-10:45 am Polliwog / Guppy 10:30-11:15 am Minnow / Shark	10:00-10:45 am Polliwog / Guppy		10:00-11:00 am Polliwog / Guppy Adult Lap	
11:00-1:00 pm Adult Open / Lap	10:45 - 1:00 am Adult Open Adult Lap	11:00 - 1:00 am Adult Open Adult Lap	11:00-12:15 am Adult open Adult Lap	11:00-1:00 pm Family Swim / Lap
12:00-1:00 pm Aquatic Therapy Adult Open / Lap	12:00-1:00 pm Aquatic Therapy Adult Open / Lap	1:00-5:00 pm Open Swim	12:15-4:00 pm Open Swim Adult Lap Pool Rentals	
1:00-5:00 pm Open Swim	1:00-5:00 pm Open Swim			
5:00-5:45 pm Adult Lap	5:00-5:45 pm Polliwog / Guppy	5:00-8:45 pm Family Swim Adult Lap	4:00-7:45 pm Family Swim Adult Lap Pool Rentals (TBA)	1:00-4:45 pm Family Swim Adult Lap Pool Rentals
5:45-6:30 pm Polliwog / Guppy Adult Lap	5:45-6:30 pm Minnow / Shark			
6:15 - 9:00 pm Family Swim Adult Lap	6:15-9:00 pm Family Swim Adult Lap			
MONDAY / WEDNESDAY	TUESDAY / THURSDAY	FRIDAY	SATURDAY	SUNDAY

Zero-Depth Pool Schedule

Calcutta YMCA Program Center

Revised: Summer 2006

MONDAY / WEDNESDAY		TUESDAY / THURSDAY		FRIDAY		SATURDAY		SUNDAY
6:00-8:00 am Active Older Adults		6:00-8:00 am Active Older Adults		6:00-7:00 am Active Older Adults		6:00-8:00 am Active Older Adults		
				7:00-8:00 am Open Swim				
8:00-11:00 am Aquatic Therapy / Rehab		8:00-11:00 am Aquatic Therapy / Rehab		8:00-11:00 am Aquatic Therapy / Rehab		8:00-8:45 am Open Swim		
						8:45-9:00 am Swim Lessons Play Time		
						9:00-11:00 am Active Older Adults		
						9:45-10:00 am Swim Lessons Play Time		
						10:45-11:00 am Swim Lessons Play Time		
		11:00-11:30 am SKIPS		11:00-12:00 pm Arthritis Class		11:00-11:30 am SKIPS		
11:00-12:00 pm Arthritis Class								
11:00-1:00 pm Active Older Adults		11:30-12:15 pm PERS				11:30-12:15 pm PERS		
		12:00-12:15 pm Swim Lessons Play Time		12:00-1:00 pm Active Older Adults		12:00-12:15 pm Swim Lessons Play Time		11:00-5:00 pm Adult Open Family Swim
		12:15-1:00 pm Aquatic Therapy / Rehab				12:00-1:00 pm Active Older Adults		
1:00-5:00 pm Open Swim	1:00-3:00 pm Aquatic Therapy / Rehab	1:00-5:00 pm Open Swim	1:00-3:00 pm Aquatic Therapy / Rehab	1:00-5:00 pm Open Swim	1:00-3:00 pm Aquatic Therapy / Rehab	1:00-4:00 pm Open Swim Pool Rentals		2:00-5:00 pm Pool Rentals
5:00 -5:45 pm PERS								
5:30-5:45 pm Swim Lessons Play Time		5:30-5:45 pm Swim Lessons Play Time				4:00-6:00 pm Family Swim Pool Rentals		
5:45-9:00 pm Family Swim		5:00-9:00 pm Family Swim		5:00-9:00 pm Family Swim				
MONDAY / WEDNESDAY		TUESDAY / THURSDAY		FRIDAY		SATURDAY		SUNDAY